

## OCDPA Factoid Sources

Factoid: An ounce of prevention is worth \$350,000,000 annually.

Source: The Ontario Chronic Disease Prevention Alliance

Thinking like a system: The way forward to prevent chronic disease in Ontario

[http://www.opha.on.ca/projects/ocdpa/resources/SystemPlan2005\\_06FinalJune2006.pdf](http://www.opha.on.ca/projects/ocdpa/resources/SystemPlan2005_06FinalJune2006.pdf)

Factoid: An ounce of prevention could reduce 60% of Ontario's health care costs.

Source: The Ontario Chronic Disease Prevention Alliance

Thinking like a system: The way forward to prevent chronic disease in Ontario (PowerPoint)

Factoid: Prevention and management of diabetes, asthma, congestive heart failure and depression could save \$200 - \$350 million annually.

Source: The Ontario Chronic Disease Prevention Alliance

Thinking like a system: The way forward to prevent chronic disease in Ontario (PowerPoint)

Factoid: An ounce of prevention could help 4,000,000 Ontarians.

Source: The Ontario Chronic Disease Prevention Alliance

Thinking like a system: The way forward to prevent chronic disease in Ontario (PowerPoint)

Factoid: Annually, 75% of deaths across Canada are attributable to chronic diseases.

Source: Government of Manitoba/Health Canada

<http://www.gov.mb.ca/chc/press/top/2004/12/2004-12-07-03.html>

Factoid: Ontario's governmental, public health and NGO assets make it ideal for a chronic disease prevention program.

Source: The Ontario Chronic Disease Prevention Alliance

Thinking like a system: The way forward to prevent chronic disease in Ontario

### MIND MAP

Factoid: 1 in 3 Ontarians has one or more chronic diseases

Source: The Ontario Chronic Disease Prevention Alliance

Thinking like a system: The way forward to prevent chronic disease in Ontario

Factoid: Almost 2/3 of Ontarians over 45 have a chronic disease

## OCDPA Factoid Sources

Source: The Ontario Chronic Disease Prevention Alliance

Thinking like a system: The way forward to prevent chronic disease in Ontario

Factoid: 55% of them have two or more

Source: The Ontario Chronic Disease Prevention Alliance

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Factoid: Personal burden: up to \$15,000 per year

Source: Canadian Diabetes Association

[http://www.diabetes.ca/Section\\_Advocacy/adv\\_quickfacts.asp](http://www.diabetes.ca/Section_Advocacy/adv_quickfacts.asp)

Factoid: 60% of health care costs due to chronic diseases

Source: The Ontario Chronic Disease Prevention Alliance

Thinking like a system: The way forward to prevent chronic disease in Ontario (PowerPoint)

Factoid: 75% of deaths attributable to chronic diseases (across Canada)

Source: Government of Manitoba/Health Canada

<http://www.gov.mb.ca/chc/press/top/2004/12/2004-12-07-03.html>

Factoid: Up to 10 additional days absent from work per affected person

Source: Round Table Project

<http://www.roundtableproject.ca/pdfs/reports/IHPM%20brief%20Oct%2022%2002.pdf>

Factoid: 40,000,000 lost work days per year

Source: Round Table Project

<http://www.roundtableproject.ca/pdfs/reports/IHPM%20brief%20Oct%2022%2002.pdf>

(This is the “10 additional days” factoid multiplied by 4 million – approximately the number of Ontarians with chronic disease.)