

International Network of
Health
Promoting
Hospitals and Health
Services

Effecting System Change in Ontario Through Health Promoting Hospitals

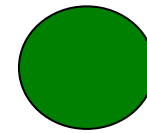
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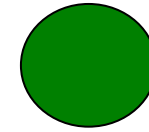
Agenda



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1. What is Health Promoting Hospitals & Health Services (HPH)?
2. The Evolution of HPH in Ontario
3. Connecting HPH with Health care System Change

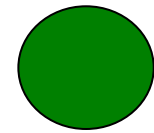
The HPH model



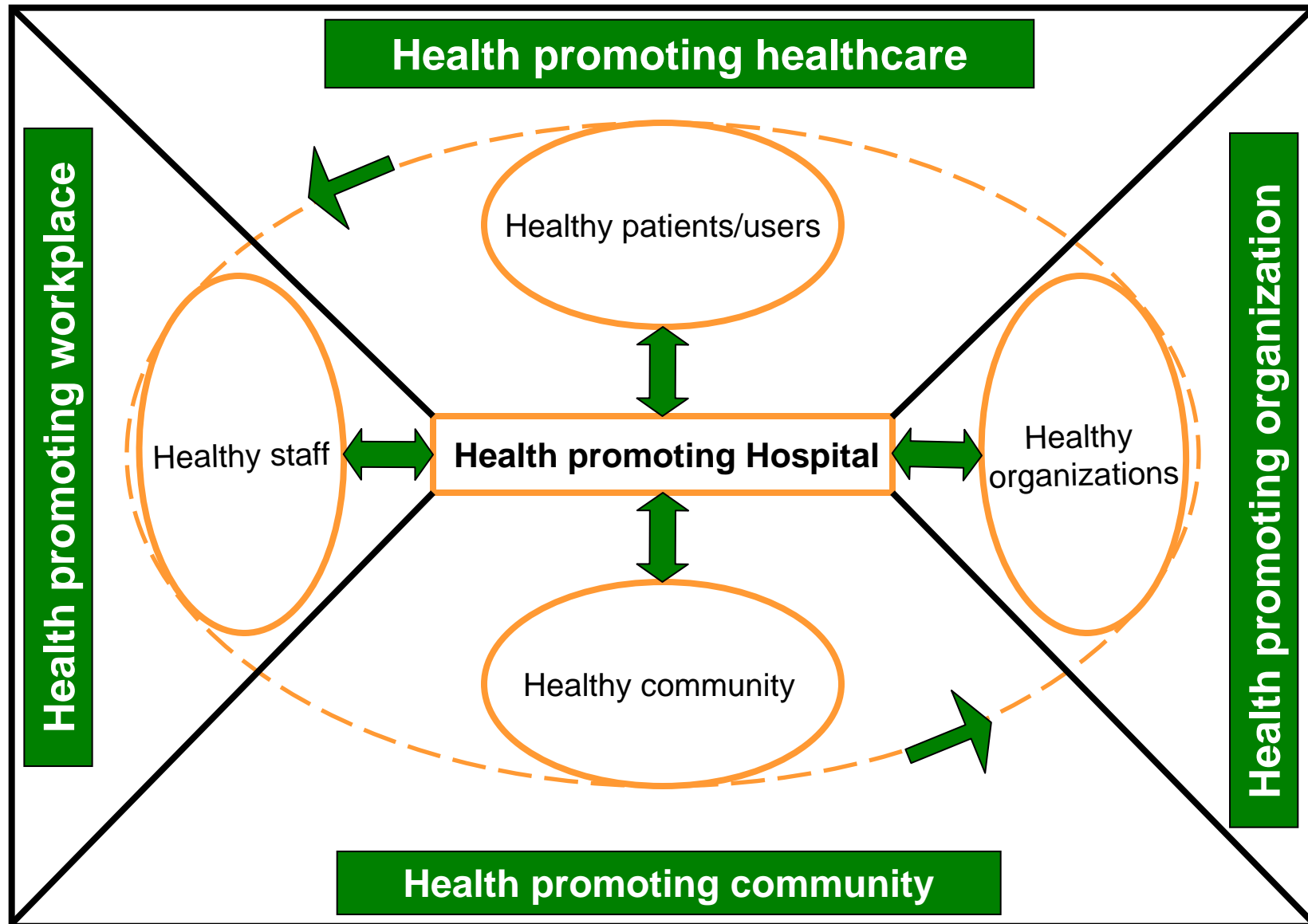
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- Integrates the concepts, values, strategies and standards of health promotion into the organizational structure and culture of the hospitals and health services
- Aim is the *reorientation of health services to improve the health gain of patients, staff and community*

A Health Promoting Health Service

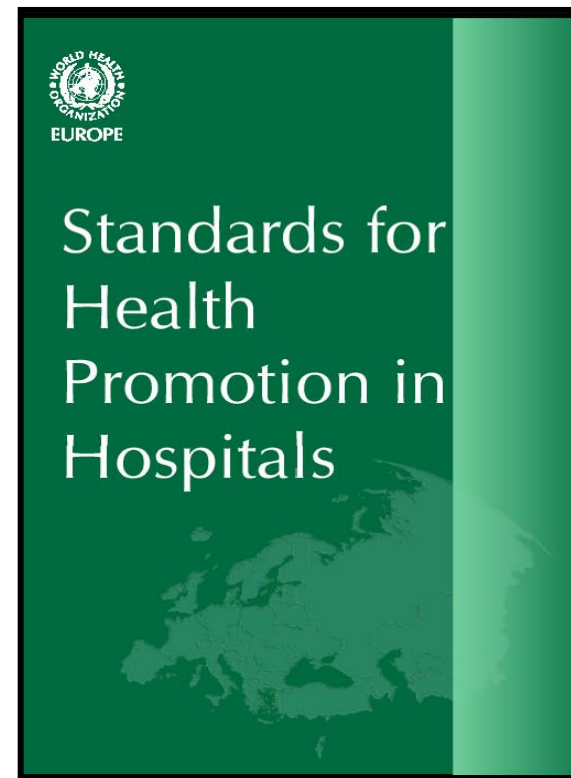
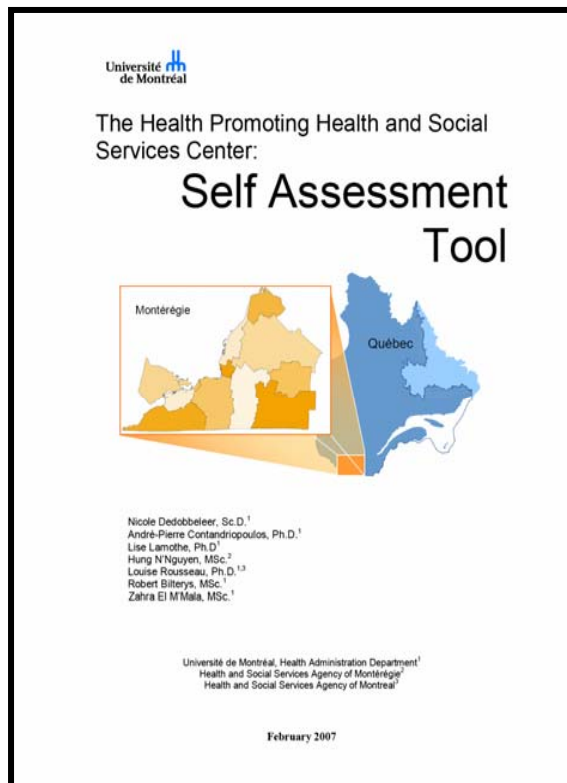


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Adapted from M. Beaumont (2003)

HPH Measurement & Standards



WHO – International HPH Movement



- Originated as a project of WHO Europe – now over 650 members in over 33 networks in 30 countries - First 2 networks now in North America in Ontario & Quebec
- 2 WHO International HPH Collaborating Centres (Vienna & Copenhagen)
- Annual International conference, Task Forces and Working Groups
- Network members exchange information, evaluate activities and build body of evidence for future practices



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2008 HPH Constitution signed

2005 HPH Evidence & Quality Mgmt

2005 WHO CC for Evidence-Based HP

2001-06 HPH Standards developed

1997 Vienna Recommendations on HPH

1996 Regional and National HPH Networks formed

1993-94 Pilot HPH Study in 20 hospitals

1991 Budapest Declaration on HPH

1990 WHO International HPH Network starts

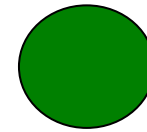
1989 Vienna WHO Model HPH Project

1988 WHO first workshop on HPH

1986 Ottawa Charter for HP



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2008 Watershed Year for Ontario HPH

- 1st Official International HPH Regional network formed in Ontario
- 2 Provincial HPH Conferences –
 - One focused on integrated prevention and management of chronic disease
 - The other on HPH Concepts & Evidence with keynote speaker from the WHO HPH CC
- OHA officially adopts HPH as a priority –
 - Forms Provincial Advisory Committee
 - Ongoing leadership, support, website

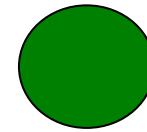


2008 Watershed Year for Ontario HPH

- OCDPA member
- Spearheading International HPH Research Projects
- Close collaboration with Montreal HPH Network, Planetree & International HPH Network
- Promoting the HPH Movement in Canada and the United States



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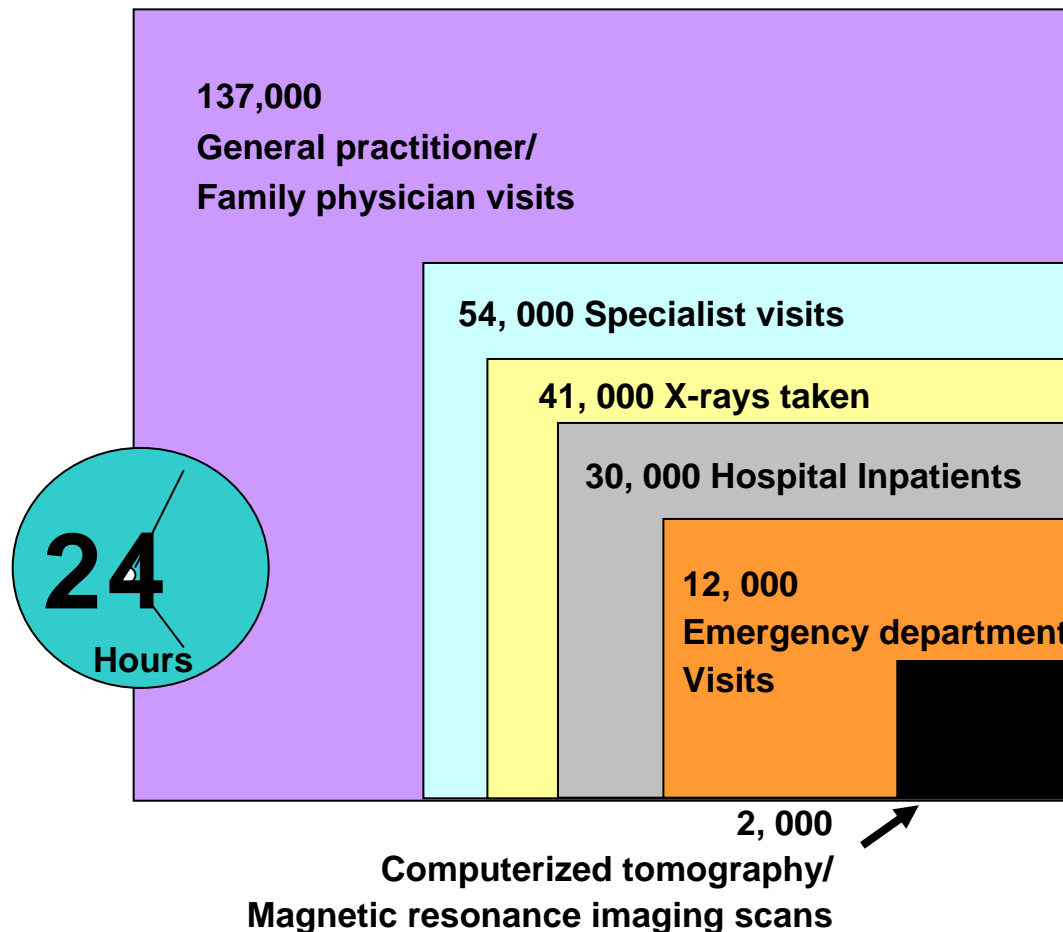
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Health Promotion Opportunities 'Teachable Moments' in Health Care

Research has demonstrated that hospitals can have a lasting impact on influencing the behaviour of patients and relatives, who are more responsive to health advice in situations of experienced ill health.

300,000 Health Promotion opportunities each day in Ontario Health System



Adapted from: Manuel, D.G., et al., Primary Care in Ontario, Primary Care in the Health Care System, ICES Atlas, Chapter 2, Institute of Clinical Evaluative Sciences, November 2006

An Example

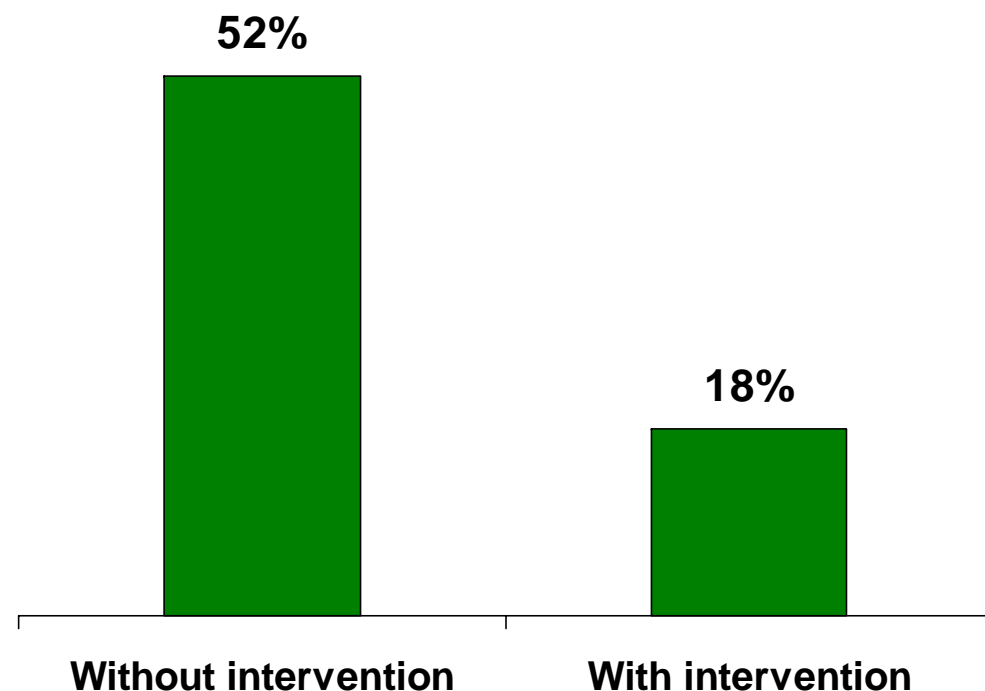
Smoking Cessation Prior to Surgery

The Opportunity

- About 1/3 of surgical patients are smokers
- Smoking is a significant risk factor in postoperative complications
- What if ... smokers were offered a smoking cessation program 6 to 8 weeks prior to surgery?

The Results ..

Rate of Post-Surgical Complications
Hip and Knee Replacements

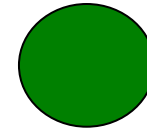
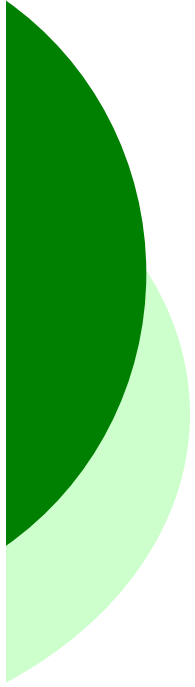


Source: Moller, AM, Villebro, N, et al "Effect of preoperative smoking intervention on postoperative complications: a randomized clinical trial. *The Lancet*, 2002, Vol 359.



HPH Makes a Difference: Affecting System Change

- Support for Self Management, Self Care
- Person-centred Health Care
- Lifestyle and Behaviour Change
- Patient-Provider Partnerships
- Addressing Health Inequities, SDOH
- Collaboration with Community Agencies
- Improving Health Literacy
- Increased Staff and Patient Satisfaction
- Involvement of Community
- Healing Environments



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Thank you!

Merci beaucoup!